



# NUTRITION INFORMATION

X = Contains Allergens  
# = Prepared in Common Kitchen Area and/or Equipment

Effective: December 2020

	Serving Size (g) or (fl oz)	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg) *	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	ALLERGENS								
																	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish	
<b>SLIDERS*</b>																									
The Original Slider®	55	140	60	7	2.5	0	10	380	16	1	2	6	0	0	2	7				#	X	#			
The Original Slider® (New York / New Jersey only)	60	150	60	7	2.5	0	10	420	17	1	3	6	1	1	2	7				#	X	#			
Double Original Slider®	98	250	110	13	4.5	1	20	690	24	2	3	11	0	1	4	12				#	X	#			
Double Original Slider® (New York / New Jersey only)	107	260	110	13	4.5	1	20	770	27	2	5	11	1	2	4	12				#	X	#			
Cheese	63	170	80	9	4	0.5	15	510	16	1	2	8	2	0	6	7				X	X	X			
Cheese (New York / New Jersey only)	67	170	80	9	4	0.5	15	550	17	1	3	8	3	1	6	7				X	X	X			
Double Cheese	113	300	150	17	8	1	30	960	24	2	4	14	5	1	10	12				X	X	X			
Double Cheese (New York / New Jersey only)	122	310	150	17	8	1	30	1050	27	2	6	14	6	2	10	12				X	X	X			
Smoked Cheddar Cheese	64	180	90	10	4.5	0	20	500	16	1	2	8	0	0	5	7				X	X	#			
Smoked Cheddar Cheese (New York / New Jersey only)	65	180	90	10	4.5	0	20	540	18	1	3	8	1	1	5	7				X	X	#			
Double Smoked Cheddar Cheese	116	320	170	19	9	1	40	1030	26	2	3	15	0	1	10	12				X	X	#			
Double Smoked Cheddar Cheese (New York / New Jersey only)	125	330	170	19	9	1	40	1110	29	2	5	15	1	2	10	12				X	X	#			
Jalapeño Cheese	61	170	80	9	4	0.5	15	490	16	1	2	8	2	1	6	7				X	X	#			
Jalapeño Cheese (New York / New Jersey only)	65	180	80	9	4	0.5	15	540	17	1	3	8	2	2	6	7				X	X	#			
Double Jalapeño Cheese	109	320	170	19	9	1	40	930	25	2	3	15	0	1	10	12				X	X	#			
Double Jalapeño Cheese (New York / New Jersey only)	118	320	160	18	8	1	35	1000	27	2	6	15	5	3	11	12				X	X	#			
Bacon Cheese	67	220	120	14	6	0.5	25	650	15	1	2	11	2	0	6	7				X	X	X			
Bacon Cheese (New York / New Jersey only)	71	230	120	14	6	0.5	25	700	17	1	3	11	3	1	6	7				X	X	X			
Bacon Jalapeño Cheese	68	230	130	15	6	0	30	690	16	1	2	11	0	0	5	7				X	X	#			
Bacon Jalapeño Cheese (New York / New Jersey only)	72	230	130	14	6	0.5	30	720	17	1	3	11	2	2	6	7				X	X	#			
Bacon Smoked Cheddar Cheese	68	230	130	15	6	0	30	690	16	1	2	11	0	0	5	7				X	X	#			
Bacon Smoked Cheddar Cheese (New York / New Jersey only)	72	240	130	15	6	0	30	730	18	1	3	11	1	1	5	7				X	X	#			
Sloppy Joe w/Smoked Cheddar Cheese (limited time offering)	79	190	80	9	4	0	30	640	19	2	6	10	4	4	6	9				X	X	X			
Smokey Joe w/Smoked Cheddar Cheese (limited time offering)	85	220	100	11	4	0	30	650	22	2	5	10	4	4	6	9				X	X	X			
Panko Fish Slider - Plain	100	320	180	20	3.5	0	25	320	25	1	3	9	0	0	2	7				#	#	X	#	X	#
Panko Fish Slider w/Cheese	108	340	200	22	4.5	0	30	460	25	1	3	11	2	0	6	7				#	X	X	X	X	#
Panko Fish Slider w/Jalapeno Cheese	109	350	210	23	5	0	35	490	26	1	3	11	0	0	6	7				#	X	X	#	X	#
Panko Fish Slider w/Cheddar Cheese	109	350	210	23	5	0	35	490	26	1	3	11	0	0	6	7				#	X	X	#	X	#
Surf & Turf w/Cheese	167	520	320	36	11	1	30	1020	31	3	3	21	6	1	10	13				#	X	X	X	X	#
Panko Surf & Turf w/Cheese	182	550	330	36	11	1	55	1050	34	2	4	21	5	1	11	15				#	X	X	X	X	#
Panko Surf & Turf w/Cheese (New York / New Jersey only)	187	550	330	36	11	1	55	1100	36	2	5	21	5	1	11	15				#	X	X	X	X	#
Panko Surf & Turf w/Jalapeno Cheese	184	560	340	37	12	1	65	1110	36	2	4	22	0	1	10	15				#	X	X	#	X	#
Panko Surf & Turf w/Jalapeno Cheese (New York / New Jersey only)	189	570	340	37	12	1	65	1170	38	2	5	22	1	1	10	15				#	X	X	#	X	#
Panko Surf & Turf W/Smoked Cheddar Cheese	184	560	340	37	12	1	65	1110	36	2	4	22	0	1	10	15				#	X	X	#	X	#
Panko Surf & Turf W/Smoked Cheddar Cheese (New York / New Jersey only)	189	570	340	37	12	1	65	1170	38	2	5	22	1	1	10	15				#	X	X	#	X	#
Veggie - Plain	73	190	90	10	1	0	0	320	22	3	3	5	25	5	4	9					X	X			
Veggie w/Ranch	92	320	210	23	3	0	<5	520	23	3	4	5	25	5	4	9				X	X	X	X		
Veggie w/Honey Mustard	85	210	90	10	1	0	0	370	27	3	7	5	25	5	4	9					X	X			
Chicken Ring w/Cheese	71	200	90	10	3	0	45	470	18	1	2	9	3	0	6	7				X	X	X	X	#	
Chicken Ring w/Jalapeno Cheese	72	210	100	11	3.5	0	45	510	19	1	2	10	1	0	5	7				X	X	X	#	#	
Chicken Ring w/Smoked Cheddar Cheese	72	210	100	11	3.5	0	45	510	19	1	2	10	1	0	5	7				X	X	X	#	#	
Crispy Chicken w/Cheese	85	230	90	10	3	0	25	620	22	1	2	11	4	0	5	8				#	X	X	X	#	
Crispy Chicken w/Jalapeno Cheese	86	230	100	11	3.5	0	30	660	23	1	2	11	2	0	5	8				#	X	X	#	#	
Crispy Chicken w/Smoked Cheddar Cheese	86	230	100	11	3.5	0	30	660	23	1	2	11	2	0	5	8				#	X	X	#	#	
Chicken & Waffles - Crispy	123	350	160	18	7	0	65	650	36	0	14	9	2	0	0	8			#	X	X	X	X	#	
Bacon & Smoked Cheddar Crispy Chicken	93	290	140	16	5	0	40	840	23	1	2	14	2	0	5	8				#	X	X	#	#	
Impossible Slider w/Smoked Cheddar Cheese	92	230	120	13	6	0	10	700	17	1	2	10	1	4	8	9					X	X	X		
Impossible Slider - No Cheese	83	190	90	10	4	0	0	530	16	1	2	8	1	4	5	9					X	X			
Impossible Slider w/American Cheese (Las Vegas only)	90	220	110	12	5	0	10	660	17	1	2	9	2	4	9	9					X	X	X		
Impossible Slider w/ Dairy-Free Cheddar - select locations	91	210	100	11	5	0	0	590	18	1	2	8	1	4	8	9					#	X	X		

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	Serving Size (g) or (fl oz)	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg) *	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish
<b>SIDES (Fried items are cooked in common oil)</b>																								
<b>French Fries</b>																								
Kids	111	250	140	16	3	0	0	35	24	2	1	2	0	7	0	2			#	#	#	#	#	#
Small	148	330	190	21	4	0	0	50	32	3	2	3	0	10	0	3			#	#	#	#	#	#
Medium	266	600	350	39	7	0	0	85	57	6	3	6	0	17	0	6			#	#	#	#	#	#
Sack (serves 3)	353	770	440	49	9	0	0	115	76	8	4	8	0	23	0	8			#	#	#	#	#	#
<b>French Fries (New York / New Jersey only)</b>																								
My Size	111	260	140	16	3.5	0	0	30	25	2	1	4	0	12	0	5			#	#	#	#	#	#
Small	148	350	190	21	4.5	0	0	40	34	3	1	5	0	16	0	6			#	#	#	#	#	#
Medium	266	630	350	39	9	0	0	70	60	6	3	9	0	29	0	12			#	#	#	#	#	#
Sack (serves 3)	353	810	440	49	11	0	0	95	81	8	4	12	0	38	0	15			#	#	#	#	#	#
<b>Cheese Fries</b>																								
Cheese Fries (New York / New Jersey only)	201	410	250	28	5	0	0	350	35	3	2	4	0	10	1	5			#	X	#	#	#	#
Loaded Fries	163	460	340	38	8	0	20	900	20	2	3	4	0	5	2	4			X	X	#	#	#	#
Loaded Fries (New York / New Jersey only)	163	460	340	38	8	0	20	900	20	2	3	4	0	5	2	4			X	X	#	#	#	#
<b>Onion Chips</b>																								
Small	124	480	320	36	6	0	0	690	33	6	4	4	0	2	2	4			X	X	X	#	#	#
Medium	262	930	590	65	11	0	0	1550	73	13	8	8	0	4	4	8			X	X	X	#	#	#
Sack (serves 3)	349	1350	910	101	17	0	0	1950	92	16	11	11	0	5	5	11			X	X	X	#	#	#
<b>Onion Rings</b>																								
Small	141	480	290	33	5	0	0	580	40	2	7	6	0	6	6	6			#	#	X	X	#	#
Sack (serves 3)	262	890	550	61	10	0	0	1070	74	3	14	11	0	11	11	11			#	#	X	X	#	#
<b>Onion Rings (New York / New Jersey only)</b>																								
Small	112	340	190	22	4	0	0	310	33	3	5	2	0	0	5	2			#	X	X	X	#	#
Sack (serves 3)	210	640	360	41	7	0	0	580	62	6	9	4	0	0	9	4			#	X	X	X	#	#
<b>Mozzarella Cheese Sticks</b>																								
3 Sticks	138	460	300	33	9	0	30	990	26	1	3	12	7	6	25	4			#	X	X	#	#	#
5 Sticks	211	760	500	55	15	0.5	50	1560	40	2	4	21	11	7	41	6			#	X	X	#	#	#
10 Sticks (serves 3)	394	1490	1000	111	31	1	100	3110	77	4	6	41	20	7	83	12			#	X	X	#	#	#
<b>Mac &amp; Cheese Nibblers (limited time offering)</b>																								
Small	120	330	180	20	5	0	15	830	31	3	5	8	3	0	13	7			#	X	X	#	#	#
Medium	287	800	420	47	13	0	30	1980	74	6	10	18	8	0	30	16			#	X	X	#	#	#
Sack (serves 3)	479	1340	710	79	21	0	50	3300	123	10	17	30	13	0	50	27			#	X	X	#	#	#
<b>Clam Strips</b>																								
Small	128	210	150	17	2.5	0	15	620	5	0	1	8	2	11	2	45			X	X	X	#	#	X
Medium	256	410	310	34	5.5	0	35	1250	9	0	2	16	5	23	5	91			X	X	X	#	#	X
Sack (serves 3)	384	620	460	51	8	0	50	1870	14	0	3	24	7	34	7	136			X	X	X	#	#	X
<b>Fish Nibblers®</b>																								
Small	141	320	140	16	3	0	10	700	28	1	1	16	1	0	1	5			X	X	X	X	X	X
Medium	262	590	260	29	5	0	20	1300	51	2	2	30	3	1	3	9			X	X	X	X	X	X
Sack (serves 3)	483	1100	480	53	10	0	35	2390	95	3	3	55	5	2	5	17			X	X	X	X	X	X
<b>Chicken Rings</b>																								
3 pc.	57	160	90	10	2.5	0	55	300	6	0	0	9	1	0	1	4			X	X	X	#	#	#
6 pc.	114	320	180	20	4.5	0	105	610	12	0	0	18	2	0	2	9			X	X	X	#	#	#
9 pc.	171	470	280	31	7	0	160	910	18	1	0	26	3	0	2	13			X	X	X	#	#	#
20 pc. (serves 3)	380	1050	610	68	15	0	360	2020	41	2	1	58	7	0	5	29			X	X	X	#	#	#
<b>Mott's® Snack and Go Natural Applesauce Pouch</b>																								
	90	40	0	0	0	0	0	5	10	1	8	0	0	20	0	0								
<b>BREAKFAST</b>																								
Breakfast Slider w/Egg & Cheese	81	200	110	12	4	0	170	370	15	1	2	9	3	0	7	8			X	X	X	X		
Breakfast Slider w/Egg & Jalapeño Cheese	82	210	110	13	4	0	170	400	15	1	2	9	3	1	7	8			X	X	X	#		
Breakfast Slider w/Egg & Cheddar Cheese	82	210	110	13	4.5	0	175	400	15	1	2	10	1	0	7	8			X	X	X	#		
Breakfast Slider w/Sausage, Egg & Cheese	118	350	240	26	9	0	195	680	15	1	2	14	4	0	8	10			X	X	X	X		
Breakfast Slider w/Sausage, Egg & Jalapeño Cheese	119	360	240	27	10	0	200	710	16	1	2	15	2	0	8	10			X	X	X	#		
Breakfast Slider w/Sausage, Egg & Cheddar Cheese	119	360	240	27	10	0	200	710	16	1	2	15	2	0	8	10			X	X	X	#		
Breakfast Slider w/Bacon, Egg & Cheese	88	260	150	17	6	0	180	560	15	1	2	12	3	0	7	8			X	X	X	X		
Breakfast Slider w/Bacon, Egg & Jalapeño Cheese	88	260	160	18	6	0	185	590	15	1	2	12	3	1	7	8			X	X	X	#		
Breakfast Slider w/Bacon, Egg & Cheddar Cheese	89	260	160	18	6	0	185	590	15	1	2	13	1	0	7	8			X	X	X	#		
Breakfast Slider w/Bologna, Egg & Cheese	109	350	220	24	8	0	200	870	17	1	3	15	3	0	8	10			X	X	X	X		
Breakfast Slider w/Bologna, Egg & Jalapeño Cheese	110	360	220	25	8	0	200	900	17	1	3	15	3	1	8	10			X	X	X	#		
Breakfast Slider w/Bologna, Egg & Cheddar Cheese	110	360	220	25	8	0	205	900	17	1	3	16	1	0	8	10			X	X	X	#		
Original Slider w/Egg & Cheese	108	270	160	18	6	0.5	180	560	16	1	2	13	3	0	8	11			X	X	X	X		
Original Slider w/Egg & Jalapeño Cheese	109	280	160	18	7	0	185	600	17	1	2	14	1	0	7	11			X	X	X	#		
Original Slider w/Egg & Cheddar Cheese	109	280	160	18	7	0	185	600	17	1	2	14	1	0	7	11			X	X	X	#		
Breakfast Toast Sandwich w/Egg, Cheese	112	270	120	13	4	0	170	540	29	2	4	11	3	0	11	12			X	X	X	X		
Breakfast Toast Sandwich w/Egg, Jalapeño Cheese	112	280	120	14	4	0	170	560	29	2	4	11	3	1	12	12			X	X	X	X		
Breakfast Toast Sandwich w/Egg, Cheddar Cheese	112	280	120	14	4.5	0	175	570	29	2	4	12	1	0	11	12			X	X	X	X		
Breakfast Toast Sandwich w/Sausage, Egg, Cheese	149	420	250	27	9	0	200	850	29	2	4	16	4	0	12	14			X	X	X	X		
Breakfast Toast Sandwich w/Sausage, Egg, Jalapeño Cheese	150	430	250	28	10	0	200	880	30	2	4	17	2	0	12	14			X	X	X	X		



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<b>Hot Tea</b>																								
medium	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0								
<b>Hot Chocolate</b>																								
medium	16	240	50	6	1.5	1.5	0	300	41	2	34	2	0	0	6	3				X		X		
<b>Hot Chocolate - Columbus only</b>																								
medium	16	300	90	10	3.5	1.5	15	280	46	2	35	1	0	0	5	4				X		X		
<b>Iced Tea - Southern Sweet</b>																								
small	21	180	0	0	0	0	0	20	47	0	45	0	0	0	0	1								
medium	30	260	0	0	0	0	0	25	67	0	65	0	0	0	0	1								
large	40	340	0	0	0	0	0	35	89	0	86	0	0	0	0	2								
gallon	128	1100	0	0	0	0	0	115	286	0	274	0	0	0	0	5								
<b>Iced Tea - Southern Sweet (Columbus, New York, New Jersey only)</b>																								
small	21	240	0	0	0	0	0	20	62	0	60	0	0	0	0	1								
medium	30	340	0	0	0	0	0	30	88	0	85	0	0	0	0	1								
large	40	450	0	0	0	0	0	35	118	0	114	0	0	0	0	2								
gallon	128	1450	0	0	0	0	0	115	376	0	364	0	0	0	0	5								
<b>Iced Tea - Unsweetened</b>																								
small	21	5	0	0	0	0	0	10	1	0	0	0	0	0	0	0								
medium	30	5	0	0	0	0	0	15	1	0	0	0	0	0	0	0								
large	40	5	0	0	0	0	0	20	2	0	0	0	0	0	0	1								
gallon	128	40	0	0	0	0	0	115	11	0	0	0	0	0	0	4								
<b>CRAVE COOLERS</b>																								
<b>Crave Cooler Coke®</b>																								
small	21	110	0	0	0	0	0	10	29	0	29	0	0	0	0	0								
medium	30	140	0	0	0	0	0	15	39	0	39	0	0	0	0	0								
large	40	190	0	0	0	0	0	15	51	0	51	0	0	0	0	0								
<b>Crave Cooler Fanta Wild Cherry®</b>																								
small	21	110	0	0	0	0	0	10	29	0	29	0	0	0	0	0								
medium	30	140	0	0	0	0	0	10	39	0	39	0	0	0	0	0								
large	40	190	0	0	0	0	0	15	51	0	51	0	0	0	0	0								
<b>SHAKES</b>																								
<b>Chocolate Shake - Chicago only</b>																								
small	21	640	150	17	10	0.5	60	300	108	0	94	14	51	5	43	2				X				
medium	30	920	220	24	15	1	90	420	155	1	134	20	73	8	62	3				X				
large	40	1220	290	32	20	1	120	570	206	1	179	27	98	10	83	3				X				
<b>Vanilla Shake - Chicago only</b>																								
small	21	560	140	16	10	0.5	60	300	88	0	75	14	51	5	43	2				X				
medium	30	790	200	23	15	1	90	420	125	1	108	20	73	8	62	3				X				
large	40	1060	270	30	20	1	120	570	167	1	144	27	98	10	83	3				X				
<b>Strawberry Shake - Chicago only</b>																								
small	21	630	140	16	10	0.5	60	300	106	0	94	14	52	5	43	2				X				
medium	30	900	200	23	15	1	90	420	152	1	134	20	74	8	62	3				X				
large	40	1200	270	30	20	1	120	570	202	1	178	27	98	10	83	3				X				
<b>Chocolate Shake - Cincinnati only</b>																								
kids	10	310	70	8	5	0	15	170	53	0	42	7	3	3	25	0				X				
small	21	650	150	17	11	0	35	350	111	0	88	14	7	7	52	0				X				
medium	30	930	220	24	15	0	50	500	160	0	126	20	10	10	75	0				X				
large	40	1230	290	32	20	0	65	670	213	0	168	27	13	13	100	0				X				
<b>Vanilla Shake - Cincinnati only</b>																								
kids	10	300	70	8	5	0	15	170	52	0	42	7	3	3	25	0				X				
small	21	630	140	16	11	0	35	350	109	0	88	14	7	7	52	0				X				
medium	30	910	200	23	15	0	50	500	156	0	126	20	10	10	75	0				X				
large	40	1210	270	30	20	0	65	670	208	0	168	27	13	13	100	0				X				
<b>Strawberry Shake - Cincinnati only</b>																								
kids	10	300	70	8	5	0	15	170	52	0	42	7	3	3	25	0				X				
small	21	630	140	16	11	0	35	350	109	0	88	14	7	7	52	0				X				
medium	30	910	200	23	15	0	50	500	156	0	126	20	10	10	75	0				X				
large	40	1210	270	30	20	0	65	670	208	0	168	27	13	13	100	0				X				
<b>Chocolate Shake - Columbus only</b>																								
small	21	500	110	12	8	0	45	470	88	0	82	13	0	4	37	0				X				
medium	30	710	160	18	11	0	65	670	126	0	117	19	0	5	53	0				X				
large	40	950	210	23	14	0	90	890	167	0	156	25	0	7	71	0				X				
<b>Vanilla Shake - Columbus only</b>																								
small	21	410	100	11	8	0	45	470	67	0	63	13	0	4	37	0				X				
medium	30	590	140	16	11	0	65	670	96	0	91	19	0	5	53	0				X				
large	40	780	190	21	14	0	90	890	128	0	121	25	0	7	71	0				X				
<b>Strawberry Shake - Columbus only</b>																								
small	21	480	100	11	8	0	45	470	85	0	81	13	0	4	37	0				X				
medium	30	690	140	16	11	0	65	670	122	0	117	19	0	5	53	0				X				
large	40	920	190	21	14	0	90	890	162	0	155	25	0	7	71	0				X				







Effective: December 2020

	Serving Size (g) or (fl oz)	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish
<b>Pibb Xtra®</b>																								
kids	10	120	0	0	0	0	0	35	33	0	33	0	0	0	0	0								
small	21	260	0	0	0	0	0	75	68	0	68	0	0	0	0	0								
medium	30	360	0	0	0	0	0	105	98	0	98	0	0	0	0	0								
large	40	490	0	0	0	0	0	140	130	0	130	0	0	0	0	0								
<b>Fanta® Grape</b>																								
kid's	10	150	0	0	0	0	0	40	41	0	41	0	0	0	1	1								
small	21	320	0	0	0	0	0	80	87	0	87	0	0	0	2	3								
medium	30	460	0	0	0	0	0	115	124	0	124	0	0	0	3	4								
large	40	610	0	0	0	0	0	150	165	0	165	0	0	0	4	5								
<b>Fanta® Orange</b>																								
kid's	10	140	0	0	0	0	0	45	44	0	44	0	0	0	2	1								
small	21	290	0	0	0	0	0	90	92	0	92	0	0	0	3	2								
medium	30	420	0	0	0	0	0	130	131	0	131	0	0	0	5	3								
large	40	560	0	0	0	0	0	180	175	0	175	0	0	0	6	4								
<b>Fanta® Strawberry</b>																								
kid's	10	150	0	0	0	0	0	40	41	0	41	0	0	0	0	0								
small	21	320	0	0	0	0	0	80	87	0	87	0	0	0	0	0								
medium	30	450	0	0	0	0	0	115	124	0	124	0	0	0	0	0								
large	40	600	0	0	0	0	0	150	165	0	165	0	0	0	0	0								
<b>Coke Zero®</b>																								
kid's	10	0	0	0	0	0	0	35	0	0	0	0	0	0	0	0								
small	21	0	0	0	0	0	0	75	0	0	0	0	0	0	0	0								
medium	30	0	0	0	0	0	0	105	0	0	0	0	0	0	0	0								
large	40	0	0	0	0	0	0	140	0	0	0	0	0	0	0	0								
<b>Mello Yello®</b>																								
kid's	10	130	0	0	0	0	0	10	36	0	36	0	0	0	0	0								
small	21	280	0	0	0	0	0	20	76	0	76	0	0	0	0	0								
medium	30	400	0	0	0	0	0	30	109	0	109	0	0	0	0	0								
large	40	530	0	0	0	0	0	40	145	0	145	0	0	0	0	0								
<b>Minute Maid® Lemonade</b>																								
kid's	10	120	0	0	0	0	0	55	31	0	30	0	0	0	0	0								
small	21	250	0	0	0	0	0	85	70	0	67	0	0	0	0	0								
medium	30	350	0	0	0	0	0	160	92	0	89	0	0	0	0	0								
large	40	470	0	0	0	0	0	210	123	0	118	0	0	0	0	0								
gallon	128	1510	0	0	0	0	0	530	423	0	408	0	0	0	0	0								
<b>Minute Maid® Lemonade Lite</b>																								
kid's	10	5	0	0	0	0	0	95	1	0	1	0	0	0	0	0								
small	21	10	0	0	0	0	0	200	3	0	1	0	0	0	0	0								
medium	30	20	0	0	0	0	0	280	4	0	2	0	0	0	0	0								
large	40	25	0	0	0	0	0	380	5	0	2	0	0	0	0	0								
gallon	128	80	0	0	0	0	0	1210	15	0	8	0	0	0	0	0								

**NOTES**

AVAILABLE UPON REQUEST

\*Sliders weight based on the weight before cooking.

\*\* Sodium values may vary depending on the local water supply used for beverages.

Nutrition Information on all Coca-Cola products provided by the Coca-Cola Company. FDA Rounding Rules used.

**Nutritional Disclaimer**

The nutrition information on this website is derived from the following: testing conducted in accredited laboratories, USDA Nutrient Database and information provided by White Castle's suppliers.

Nutrition information is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or season of the year. Some limited time offers, test and regional items may not be included. Some menu items may not be available at all restaurants. Nutrition calculations follow federal regulations regarding the rounding of nutritional data.

White Castle System, Inc., its subsidiaries and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. Federal regulations have identified 8 major food allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, and crustacean shellfish. For your convenience, menu items and ingredients that contain these major allergens have been indicated. All food is prepared in common kitchens that may involve some shared cooking and preparation areas, equipment and utensils, and the possibility exists for your food items to come in contact with other food products, including allergens.

Federal regulation has exempted from allergen declaration any highly refined oil derived from the major food allergens; therefore, soy oil as an ingredient is not indicated as an allergen. Please consult your Doctor to know if you should avoid products that contain highly refined soy oil.

If you have specific questions regarding White Castle and nutrition or are particularly sensitive to specific ingredients or foods, please contact us at 1-800-THE-CRAVE (1-800-843-2728).

Customers with allergy-related questions can contact the Food Allergy and Anaphylaxis Network (FAAN) on the web at [foodallergy.org](http://foodallergy.org) or by telephone at (800) 929-4040.